

12:00:20 From brenda Hardie : Low carb is where it's at Liz. I am paying attention to patterns that I notice as they relate to my health and nutrition.

12:00:25 From Rafael Elf McRaven to All Panelists : Seasons greetings folks.

12:00:51 From Mary Nations to All Panelists : Sarah you can stop video as you like, Royce you may want to turn yours on

12:02:04 From Glenda Eoyang : Adaptive action quest for the best cheese cake sounds like a winner to e!

12:02:43 From Glenda Eoyang : Welcome Sarah!

12:03:02 From Mary Nations : Hi all from dreary rainy Raleigh, NC. Missing the snow we had a week ago (quite early for us)! Glad to see all who are gathered with us today.

12:03:24 From Glenda Eoyang : Thanks Jen! The AA Labs are going to be fabulous.

12:03:38 From Anne Lemaire : Glad to read you Mary - rain here too in Brussels :-)

12:04:16 From Glenda Eoyang : Thanks Mary and Michael. The Patters with Death are a wonderful, life-filled gift. Thanks for being here.

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12:04:35 From Glenda Eoyang : Congratulations for your 10-year anniversary

12:05:06 From Helena Luginbuehl : Hi Sarah, so nice to see and hear you - just a year since we met in Roffey and it was so much fun with you ;-)

12:05:42 From Anne Lemaire : Sarah, could you speak a little slower, please? Not so easy for people who are not active english

12:05:54 From Eunice Shankland : Glad to hear about our work, so timely and so urgently needed.

12:06:30 From Anne Lemaire : Tx Sarah and Royce :-)

12:06:42 From ti communication to All Panelists : Greetings from Portland, OR. Good to reconnect after a year in which schedules did not allow HSD connectivity.

12:07:12 From al thomas to All Panelists : no sound

12:07:22 From Glenda Eoyang : Many kinds of systems thinking included

12:08:15 From Mary Nations to al thomas, All Panelists : Hi al - can you tell me more about how you are joining so I can help with the audio?

12:09:49 From Glenda Eoyang to al thomas, All Panelists : Can you tell is a bit about how you are coming into the space, and we can help with your sound. You may want to make a phone call to the nuber given. Great to see you, by the way!

12:11:16 From Glenda Eoyang : Stretching the work over time to build foundation and reflect together

12:11:43 From al thomas to All Panelists : I have ha experience with Glenda and I was very disappointed that she does not want to expend HER thinkinking. Bye.

12:12:36 From NB : Hi its Nicole. Wondering what Investigation into Influence means and if Sarah could please elaborate on that. Is this the best way to ask questions?

12:12:37 From Anne Lemaire : the length allows for the stretch and fold, alone and together

12:14:02 From brenda Hardie : I missed how the Teachback was used as Service back to the Network.

12:14:35 From Kate Hill to All Panelists : I'm curious about "don't be nice"

12:14:48 From Glenda Eoyang : Yes, this is the best way to ask the questions

12:15:05 From Glenda Eoyang : Please do feel free to talk with each other and to frame questions for others and/or for the speakers.

12:15:28 From Royce : Brenda, they are not intended as the same thing... The teach back was an activity we did in the session...and the give back to the network was a part of the commitment as a result of the Academy.

12:15:48 From brenda Hardie : thanks

12:16:54 From Royce : And it led to and supported our conversation on Generative Engagement, in terms of how we explore "Power as Influence and being influenced"

12:17:54 From Glenda Eoyang : Kumu is the network tool

12:17:55 From Janice Fingler to All Panelists : what were the tools used for connection evaluation - Kumu ?

12:18:15 From Glenda Eoyang : <https://kumu.io/>

12:18:22 From ti communication to All Panelists : Thanks!

12:18:32 From Royce : Be nice/don't be nice is about the upper mid-west culture where people tend not to challenge each other or to provide meaningful feedback. It's a bit of an "inside" comment for the midwesterners!

12:19:22 From Stephen Bosacker : Please list these 5 M&Ms

12:19:41 From Royce : Even tho in the room people talked about the CDE alot and had good grasp of what it was...

12:20:19 From Jennifer Jones-Patulli : Yes, please repeat the 5 models and methods

12:20:22 From Royce : @ Stephen - I'll ask Sarah to do that when she's done.

12:21:12 From Royce : The teach backs were powerful-and highly entertaining. Great applications

12:22:07 From Kate Hill : Look forward to seeing the templates. Thank you for offering to share them!

12:22:23 From Glenda Eoyang : Summap is the company that supports kumu and provides a useful interface for the network building. Greater than the Sum

12:22:34 From Sarah Ann Shanahan, The RE-AMP Network : Adaptive Action
Standing in Inquiry
Thinking Systemically
Mind Mapping
Investigation Into Influence

12:22:40 From Olga Yiannakis : Thank you for sharing, Sarah - such a special story!

12:23:07 From Glenda Eoyang : <http://greaterthanthesum.com/>

12:24:19 From Carol Wickstrom : Thanks, Sarah! Such rich learning and

important focus.

12:25:03 From Glenda Eoyang : This is the link to the summap map for HSD <https://embed.kumu.io/1fe21637db2aa3823488472aca77d9fb#home>

12:26:42 From Rosemary to All Panelists : I love the teach back of methods and models. Such a great way to learn...to teach :)

12:27:23 From Stephen Bosacker : Is there a website?

12:27:39 From Anne Lemaire : Sarah, so powerful! thank you. I wonder what all this changed for you as a leader

12:27:46 From Sarah Ann Shanahan, The RE-AMP Network : Happy to connect anytime! sarah@reamp.org

12:27:51 From Sarah Ann Shanahan, The RE-AMP Network : www.reamp.org

12:27:52 From vee halliwell to All Panelists : Thank you Sarah. Great to hear about the relationships tech.

12:27:55 From Sarah Ann Shanahan, The RE-AMP Network : www.reamp.org

12:27:57 From Jennifer Jones-Patulli : Thank you Sarah!

12:28:11 From NB : this was a great story! Thank you!

12:28:38 From Gregoria D Smith : Thanks, Sara.

12:28:55 From Glenda Eoyang : Re-am- <http://engage.rockefellerfoundation.org/story-sketch/re-amp/>

12:29:11 From Eunice Shankland : Thanks for your work... illuminating and encouraging.

12:29:23 From Eunice Shankland : Nice to meet you, Jen.

12:31:34 From Olga Yiannakis : Love it! "Boutique learning" ;)

12:31:37 From NB : I like boutique learning concept :)

12:32:20 From Glenda Eoyang : It is praxis in real life!

12:32:26 From Mary Nations : focused topics, collaborative learning, work your own issue

12:33:18 From Olga Yiannakis : What is "ESME II"?

12:33:21 From Eunice Shankland : my mind went to 'cheerleading' YEAH!

12:33:48 From Glenda Eoyang : These Aaptive Action Labs will be led by different teams of HSD Associates.

12:33:53 From Eunice Shankland : Doing this also gives you ways to discover your own creativity

12:33:56 From Mary Nations : ESME - Essential Skills in Medical Education

12:34:06 From Olga Yiannakis : Aaah! thanks

12:35:26 From NB : So please can we understand if we have to attend only if you have an issue as well? Or you can just attend these? Are these recorded?

12:35:32 From Mary Nations : Stewart Mennin has created ESME II in collaboration with Glenda and me - a lovely global audience of learnings applying HSD in medical learning institutions of many kinds

12:35:33 From Stewart Mennin : Jen - Skills in Action - ESME is for all health professionals, physicians, nurses, pharmacists, therapists, practitioners, preceptors, teachers and more

12:36:01 From Helena Luginbuehl : An absolutely great course!!

12:36:02 From Glenda Eoyang : YOU do not HAVE to have an issue to join. You can learn to avoid issues, as well!

12:36:04 From Mary Nations : Hi Stewart - didn't see you earlier, glad you are here!

12:36:18 From Stewart Mennin : got here 5 min late-

12:36:24 From Stewart Mennin : Missing you

12:36:25 From NB : Thanks Glenda for responding to the questions so far!

12:36:26 From Glenda Eoyang : And, the sessions are recorded, but they are only available to people who have registered specifically to come to the lab.

12:37:25 From Mary Nations : Diversity/Equity/Inclusion/Engagement!

12:37:29 From Royce : @NB - you can attend whether you have an issue or not...whatever question you bring is fine...They are recorded, but not shared beyond those who are registered. We want the participants to feel comfortable to share their issues--which may be very deep or confidential or personal. So if you register, then you are sent the link to the recordings.

12:37:53 From NB : Thanks Royce

12:39:07 From Janice Fingler to All Panelists : thank you ! happy holidays !

12:39:40 From Eunice Shankland : Facilitation as someone said is a planned improv

12:40:15 From Cathy Toll : So glad to see Consulting

12:41:30 From Liz Coenen : The calendar looks terrific. Thank you all for creating these opportunities!

12:43:16 From Anastasiia to All Panelists : Oooh, great! Thank you. Leadership/ Innovation/ Change/Facilitatin/Conflicts - perfect :)

12:44:25 From Olga Yiannakis : <https://www.hsdinstitute.org/learning-opportunities.html>

12:44:33 From vee halliwell : Hi everyone - Is it okay to join labs if we are also doing the HSDP training?

12:45:05 From Glenda Eoyang : Yes it is great for you to do both at the same time!

12:45:06 From Mary Nations : Definitely, Vee!

12:45:18 From vee halliwell : Fabulous!

12:45:20 From Kate Hill to All Panelists : Is the expectation that we attend all three, or choose one?

12:45:45 From Olga Yiannakis : Such smooth transition with the connectivity issues - testament to the Facilitation AA Lab! ;)

12:45:53 From ti communication to All Panelists : A practical curiosity: Has Zoom become the standard tool for the HSDI work - rather than adobe connect?

12:45:53 From Glenda Eoyang : All three of the sessions are different They are like part 1, 2, and 3, and the expectations is that you will do all three

12:46:08 From Kate Hill to All Panelists : Thanks!

12:46:09 From Glenda Eoyang : If you need to miss one or part of one, you can watch the recording

12:46:52 From Glenda Eoyang : info@hsdinstitute.org

12:47:33 From Glenda Eoyang : bgraham@hsdinstitute.org

12:48:08 From Anne Lemaire : The labs are a great way to dive in the models and methods with people from very very different worlds/ backgrounds!

12:49:09 From Anne Lemaire : Tx so much, Jen!
12:49:13 From Jennifer Jones-Patulli : <https://www.hsdinstitute.org/learning-opportunities/adaptive-action-labs.html>
12:49:26 From Glenda Eoyang : Welcome to Michael and Mary. Thanks for your sharing and insights
12:51:32 From Glenda Eoyang : Living into patterns with death.
12:52:05 From Glenda Eoyang : What do we know? What is knowable, but unknown? What is unknowable?
12:52:12 From Glenda Eoyang : Tension of hope and incomplete data.
12:53:01 From Anne Lemaire : Certainly, when we first think of death as a static change; but when we're confronted with somebody we love, who is in the process of letting go, of preparation, we realise that 'death' is dynamical and a constant shift of patterns inside and outside, within and between
12:53:48 From Glenda Eoyang : It does become a dynamical phase shift, rather than a simple step from there to there.
12:54:22 From Glenda Eoyang : The website for patterns with death is here <https://www.hsdinstitute.org/patterns-with-death.html>
12:54:25 From Anastasiia to All Panelists : Thank you Mary!
12:54:26 From Anne Lemaire : Thank you mary for your touching story and your courrageoui storytelling
12:54:30 From Royce : That is such a powerful perspective for me... healing when there is no cure. Considering it in these kinds of disease situations, in addictions, in trauma, etc.
12:55:32 From Glenda Eoyang : Whole parta nd greater whole.
12:55:50 From Eunice Shankland : Thanks you for sharing this - I had a friend dying with brain cancer, a sister with brain tumor and another friend who passed away because of pancreatic cancer - all happaing this year.
12:55:56 From Glenda Eoyang : Wendy Morris was a powerful voice in this onversation, too.
12:56:56 From Glenda Eoyang : Eunice, thanks so much for sharing that. I hope your HSD experience with patterns can help you and them find healing.
12:57:14 From Mary Nations : Sending you peace in the tension, Eunice
12:57:35 From Glenda Eoyang : MRI as pattern spotting system. Steward of those patterns.
12:57:39 From Royce : Steward of those patterns for a little while.
12:57:45 From Glenda Eoyang : Oh, Michael, I am so grateful to you .
12:57:50 From Mary Nations : Wendy is amazing, thanks for naming her in this role, Glenda
12:58:42 From Anne Lemaire : A lot of losses in just one year, Eunice. May you find ways to deal with the accepting of all those departures
12:59:45 From Glenda Eoyang : Patterns of seeing, feeling, meaning, and words.
13:00:01 From Jennifer Jones-Patulli : Thank you!!!
13:00:14 From Mary Nations : thank you Michael!
13:00:15 From Jennifer Jones-Patulli : What a powerful story
13:00:18 From Randi Fiat : Thank you Michael for your courage in living and teaching and sharing.

13:00:23 From Glenda Eoyang : Health as coherent patterns and sense of wellness and wellbeing.

13:00:28 From NB : True Royce!

13:00:30 From Liz Coenen : The thought of stewarding generational patterns is resonating for me in a very powerful way today. Thank you, Michael.

13:00:42 From Anne Lemaire : I can only respond with 'a pattern of silence', Michael. Namaste

13:01:01 From Olga Yiannakis : Thank you, Mary & Michael for your vulnerability courage & powerful messages. Sending light & love

13:01:08 From Jennifer Jones-Patulli : <https://www.hsdinstitute.org/patterns-with-death.html>

13:01:13 From Helena Luginbuehl : Thanks Michael for sharing

13:01:20 From Cathy Toll : Patterns...My siblings and I are trying to develop new patterns as we address my 95-year-old mother's signs of dementia. Thanks to Mary and Michael.

13:01:30 From Glenda Eoyang : Please join the conversation. And stay with us in silence, as well.

13:01:30 From Reed to All Panelists : Michael, I am moved by how well you are integrating your triune brain functions. It is inspiring to me.

13:01:41 From Rosemary to All Panelists : Wow, thank for sharing your story Michael. I love this notion of stewarding our patterns through our parenting, and how that continues long after we leave our bodies. That has really resonated for me as a mum. Thanks for sharing.

13:02:02 From Mary Nations : I found that storytelling is quite dynamical - I can't tell it the same way twice because every telling changes me and thus my story.

13:02:23 From Stephen Bosacker : Thank you. This kind of sense-making is so relevant to family and life matters!

13:02:32 From Anastasiia to All Panelists : Michel, thank you for your energy and love to people&life!

13:02:32 From Liz Coenen : Mary and Michael, so good to hear your stories anew. Thank you.

13:02:44 From vee halliwell : Much gratitude Mary and Michael. My father is at end of life care currently and this resonates so strongly. Thank you.

13:02:58 From lizgoold : Deeply moved by Michael's sharing - and the bringing alive of generational patterns through having into death - thank yo for the offer of silence, glenda

13:03:54 From Eunice Shankland : we are a part of the larger story - of life and death. When someone dies, we also confront our own death.

13:04:22 From Olga Yiannakis : Facebook group link: <https://www.facebook.com/groups/303799473781939/>

13:04:52 From brenda Hardie : Conversations about personal applications of HSD either within oneself or one's immediate close relationships have been compelling for me. It resonates strongly with me and how I interact with people in my clinical work as a family doctor. I am finding language to put to my conversations that fits - and in using this language, yet again causes a shift or change to be

more intentional. The concept shared about the tension between hope and incomplete data is helpful.

13:04:53 From Jennifer Jones-Patulli : Thank you Olga!

13:05:07 From Eunice Shankland : I also wonder about healing with 'historical trauma' I am truly grateful for this exchange.

13:05:07 From Mary Nations to All Panelists : I have a pretty hard stop at the end of our scheduled time just fyi

13:05:09 From Jennifer Jones-Patulli : I am on FB and am approving request to join the group

13:06:26 From Olga Yiannakis : It's made me think how HSD can help with trauma from a loved one's passing. Thank you for this so I can explore my own story...

13:06:27 From Royce to All Panelists : , ok, Mary, It looks as tho we may be finishing early even, maybe.

13:06:36 From Rosemary to All Panelists : I am running to a meeting, thank you for today. What a great way to start the holidays. So much to think about re: simple rules of holidays and patterns of family interactions. Happy Holidays everyone.

13:06:54 From Mary Nations to All Panelists : I am glad that tension is useful to you, Brenda. of course there are others in the mix but that one stood out to me

13:06:58 From Royce to All Panelists : Rosemary, thanks for being with us.

13:08:04 From Royce to All Panelists : Mary, your last response was to Brenda...but just went to panelists...as did my note to Rosemary.

13:08:21 From Brenda Hardie : Do you know any doctors using HSD within the doctor-patient relationship in an intentional way? I would love to connect with them if they exist.

13:08:24 From Anne Lemaire : impact of HSD on the part, the whole and the greater whole in 2051

13:09:32 From Royce : Brenda, we have folks from the Medical School in Kalamazoo WS who have gone through the training. One of them is a Dr. who sees the clinical process as an Adaptive Action...and the ongoing relationship as the iterative nature of the AA.

13:09:42 From Royce : I will put you in touch with her.

13:09:48 From Brenda Hardie : thanks

13:09:49 From Mary Nations : I am glad that tension is useful to you, Brenda. of course there are others in the mix but that one stood out to me.

13:10:39 From Jennifer Jones-Patulli : amazing to think about shaping the future in the way, especially for a future we might not be around to see.

13:10:55 From Brenda Hardie : Thanks Mary. I am often having that exact discussion with people, without recognizing it as an interdependent pair. I suspect now I will see others more clearly.

13:11:31 From Stewart Mennin : Brenda - Mary and I have been engaged with physicians and professionals learning to use HSD in leadership, practice and teaching. About 250 people have participated in the course we teach together.

13:11:31 From NB : Could we think about how HSD can be proactive, not

reactive to if the world is x, then HSD is Y. Instead say if HSD is Y, how could we change the pattern that the world will be? Just a thought

13:11:54 From brenda Hardie : How HSD will change the world - I suspected this was the not-so-hidden curriculum all along!

13:12:24 From Gregoria D Smith : Who will be at HSD (central/peripheral nodes?) in each decade? What will they be doing? What will the role of technology be?

13:12:31 From Anne Lemaire : Indeed Brenda :-)

13:12:32 From Royce : Great way to think about it NB, and that's really close to what we are thinking when we talk about what will HSD Be in that world of 2051...How do we shape the patterns that will work in that world?

13:12:50 From brenda Hardie : I am interested in connecting about medical education for sure, and I have started using some of the method/models in my work there. I am also very keen to reflect on how I can use this in day to day interactions, every 15 minutes, every day....Imagine the possibilities!

13:13:15 From NB : I love it Glenda.

13:13:34 From Stewart Mennin : Brenda, I would be delighted to chat with you further. What do you think?

13:13:49 From brenda Hardie : Yes Stewart. Thank you.

13:14:01 From Anne Lemaire : Fascinating journey you've described for all of you to engage in, Glenda!

13:14:29 From Anne Lemaire : for us all to engage in, I mean...

13:14:31 From Stewart Mennin : menninsp@gmail.com let's set a day and time. Where are you living?

13:14:33 From Mary Nations : Since change is happening everywhere, to each of us and at every scale, this focus on what HSD has to offer into this is quite exciting - not a hidden agenda!

13:14:47 From Eunice Shankland : I appreciate that while imagining the future, we will look for ways to create the necessary conditions today.

13:14:48 From Liz Coenen : It feels thrilling and I'm excited to participate and learn from this supersized AA.

13:14:56 From Jennifer Jones-Patulli : the impact of HSD: offers a way to mauve through uncertainty. uncertainty is life. We have many illusions of control, yet in most situations this illusion fades away, and when it does we do not have to feel stuck.

13:14:59 From NB : Exciting!

13:15:23 From brenda Hardie : I emailed you Stewart.

13:15:38 From Jennifer Jones-Patulli : love it Liz! Super-size HSD

13:15:53 From Carol Wickstrom : Exciting plans! Eager to see what emerges. Thanks, everyone!

13:16:32 From Eunice Shankland : WE need to think again of the "global mind" and how life and thinking be infused with the knowledge of HSD and make the needed connections as a priority.

13:16:52 From Glenda Eoyang : Eunice. thanks for that image and opportunity. g

13:17:02 From Mary Nations : Stewart/Brenda - happy to join the convo with you!

13:17:06 From Glenda Eoyang : Thanks to you carol
13:17:10 From Glenda Eoyang : Happy holidays to all!!
13:17:23 From Glenda Eoyang : Happy Holidays and New Year!!
13:17:35 From Sarah Ann Shanahan, The RE-AMP Network to All
Panelists : Thank you for the partnership!
13:17:59 From Gregoria D Smith : I would like to see HSD introduced in
elementary schools with materials geared to the students' level.
13:18:05 From Eunice Shankland : Thank you for holding the field.
Merry Christmas, Happy Holidays to you all.
13:18:10 From Sarah Ann Shanahan, The RE-AMP Network : Thank you for
giving me the space to share! It's been a wonderful journey so far.
Can't wait to see what possibilities the future holds
13:18:13 From Glenda Eoyang : This is truly a remarkable community.
So grateful to be part of it.
13:18:15 From Cathy Toll : The best to you in 2019 as well!
13:18:22 From Olga Yiannakis : Thank you all for this call! Wishing
everyone a fabulous festive season!
13:18:26 From Sarah Ann Shanahan, The RE-AMP Network : Anyone can
reach me at sarah@reamp.org if you want to talk more :)
13:18:34 From Michael Bischoff to All Panelists : I have to run to
radiation, but I'm so glad to have done this with all of you!
13:18:40 From Mary Nations : Embracing the end of one year and the
emergence of another!
13:18:45 From Anne Lemaire : Tx a million!
13:18:47 From Helena Luginbuehl : Thanks to all of you, happy new
year!!
13:18:50 From Reed to All Panelists : TY all!
13:18:50 From Stewart Mennin : Thank you all