

## **Live Virtual Workshop | Connect Through Stories and Impacts Chat Transcript 03JUN21**

- 12:02:31 From Wolfgang Rathert: Wolfgang from Switzerland
- 12:02:36 From Beverly Tyler Georgia Health Decisions: Beverly Tyler Georgia Health Decisions
- 12:02:39 From Emma Pearson: Emma in France, on border with Geneva Switzerland
- 12:02:54 From Lorna Lemay: Lorna from Ottawa, Canada
- 12:03:27 From Jayne Fleener: Jayne Fleener from Raleigh, NC (currently in Bloomington, IN).
- 12:03:42 From Joan Crawford: Greetings! Joan from the ancestral land of the Pima and Maricopa nation now known as Tempe Arizona.
- 12:03:45 From Jyo Maan: Jyo Maan, Des Moines, IA
- 12:03:48 From Linda: Linda, UK
- 12:04:12 From Jen Heeg: Hi all, this is Jen (she/they) calling in from Anacostan/Piscataway lands in Washington, DC
- 12:04:46 From Jorge Heras - Mexico: Hello from Mexico
- 12:05:03 From Royce Holladay (she/her): Welcome to everyone.
- 12:05:37 From Hoffie Conradie: Hoffie form Cape Town, South Africa
- 12:10:37 From Royce Holladay (she/her): As you join, please, if you'd like, introduce yourself in the chat space, with a note about where you are from.
- 12:10:50 From Uta Langley: hat is difference bwteen tighter and closer/looser and farther?
- 12:11:23 From Juan-Jose Gonzalez Roman: Hi Everyone - JJ Glez here, greetings from Switzerland
- 12:11:33 From Kristen Belcher: Hello! I'm Kristen. I'm an agile coach located in Michigan, USA:)
- 12:11:50 From Sophie: Hi all, Sophie joining from near London in the UK
- 12:12:03 From Charles Lee: The connection I want to strengthen today is that across the four territories (William Torbert): the outside world, my own sensed behaviour and feeling, the realm of my thoughts, and the realm of my vision/attention/intention.
- 12:13:00 From Uta Langley: is it what you want as focus or what it is?

- 12:13:49 From Royce Holladay (she/her): Uta, So in conversation think about how you may be face-to-face, with deep and "close" content...and then the idea that the talk is fast and back and forth...(That's an example of tight and close)...Lose and farther may be more like intermittent conversations with an individual, where it's more of a check in...and it's probably not face to face.
- 12:14:49 From Royce Holladay (she/her): More like the checking...
- 12:14:55 From Royce Holladay (she/her): Checking in
- 12:16:33 From Royce Holladay (she/her): Focus: Purpose or focus or "topic" of the narrative...Not always the same across all narratives....
- 12:16:33 From Jayne Fleener: Focus - from Buddhist psychology - can also be "seeing with soft eyes" which looks beyond or past the real object of focus
- 12:16:49 From Royce Holladay (she/her): Nice, Jayne. That fits too, right?
- 12:18:26 From Royce Holladay (she/her): It occurs to me that in my narrative about who I am in the world may focus on the same thing...Yet I may focus on different ideas/questions, depending on the relationship/personal interaction with the other person in the conversation.
- 12:19:25 From Royce Holladay (she/her): Narratives have a motivating direction that can help you move forward in your own stories.
- 12:23:01 From Royce Holladay (she/her): Relevance - when you are talking with an individual can make a difference/make sense of the other person. The possibility emerges when you stand with another in a shared focus and share your hopes...It opens the possibility.
- 12:23:31 From Royce Holladay (she/her): There is the energy of difference that gets motivated and triggered to action by the hope.
- 12:23:35 From Jayne Fleener: I love that motivation, possibility and relevance are conceived as intersectional patterns.
- 12:25:21 From Royce Holladay (she/her): What are the questions, observations that are coming up for others in the space?
- 12:25:51 From Maureen McKenna: Thank you - apologize but I have to drop off - will view the video to access balance of session.
- 12:25:54 From Lorna Lemay: would this include setting or re-setting boundaries
- 12:26:28 From Royce Holladay (she/her): Absolutely can, Lorna. What more might you say about that?

- 12:26:38 From Kate Webster: Is the sweet spot among all the patterns coherent action?
- 12:27:15 From Royce Holladay (she/her): Great question, Kate...I think it can be coherent action and/or even deeper shared understanding.
- 12:28:18 From Stewart Mennin: Can you leave the three circles on screen in the chat space
- 12:47:44 From Robin Athey: Thank you so much, Emma!
- 12:48:34 From HOFFIE CONRADIE: I am in the dark with load shedding!
- 12:49:50 From Royce Holladay (she/her): HOFFIE, I am sorry you're experiencing that. How many hours will you be with low/no power?
- 12:50:09 From Kate Webster: Yay, Brad! Clarity and empowerment are great things to have in your narrative! Just down the road from you in Guelph, Ont...
- 12:50:22 From HOFFIE CONRADIE: Another hour and a half!
- 12:50:48 From Royce Holladay (she/her): Sheeeesh....I am sure that's not a lot of fun when it happens several times a day.
- 12:52:16 From Tamela Handie: This was a great experience and opportunity to think and talk through one of my uncomfortable close and loose connections.
- 12:53:13 From Kate Webster: Kaleidoscope or Collide - o - scope???)
- 12:53:25 From Royce Holladay (she/her): Carrying the "bones" of the story helps because of the many layers there are in sharing your story.....Carry your focus, your differences, and your hopes...then shift those based on your context...And it's juggling all those things.
- 12:53:34 From Royce Holladay (she/her): Great @ Kate...
- 12:56:35 From Brad Bass (Mississauga, ON): Kate . . . coherent action and the sweet spot between patterns. Interesting to think about this. Also, glad to meet a neighbour (I get to Guelph about once a month)
- 12:56:38 From Royce Holladay (she/her): This makes me wonder if wearing T-shirts with those "bones" would be an interesting way to step into conversations with folks...creating the narrative/story at that point/
- 12:57:36 From Kate Webster: Highly recommend the daily inquiry sessions... fantastic experience!
- 12:58:30 From Royce Holladay (she/her): If you are not on our mailing list, and want to be, just send an email to [info@hsdinstitute.org](mailto:info@hsdinstitute.org) with your request and your email address...we will put you onto our mailing list.

- 12:58:46 From Uta Langley: Highly recommend the certification - transformational!
- 12:59:02 From Royce Holladay (she/her): Thanks, Uta!
- 12:59:25 From reed altman: @Kate could it also be called "engagement" to further accommodate possibility?
- 12:59:48 From Ana Maria Tamayo: Thank you on behalf of Raymond and myself, from Peru.
- 12:59:49 From Sophie: thank you!